

Anson Pre-K/Headstart

SEPTEMBER 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

This institution is
an
equal opportunity
provider.

This program is
funded by the
USDA.

1
French Toast OR
Cereal Variety & Toast,
Sausage, Apple

Pulled Pork Sliders
Coleslaw
Savory Green Beans
Chilled Pineapple
Milk

4
LABOR DAY HOLIDAY

5
Breakfast Burrito, Pears,
Hash Browns, Milk

Nachos Grande, Salsa
Refried Beans
Sliced Tomato, Peaches
Lettuce/Tomato Garnish
Cucumber Slices, Milk
Lime Sherbet Cup

6
Biscuit, Scrambled Eggs,
Bacon, Banana,
Milk

Chicken Sandwich
Oven Fries
Sliced Fresh Veggies
Mandarin Oranges
Milk

7
Sausage Kolache,
Yogurt, Applesauce,
Milk

Asian Bowl
Eggroll
Fruity Gelatin
Milk

8
Sausage Biscuit
Pineapple Chunks, Milk

Hamburger/Cheeseburger
Hamburger Garnish
Oven Fries
Sliced Fresh Veggies
Mixed Fruit, Brownie
Milk

11
Waffles, Bacon,
Sliced Peaches, Milk

Country Fried Steak
Strips,
Mashed Potatoes,
Roll,
Strawberry Cup,
Milk

12
Cheesy Toast, Sausage,
Banana, Milk

Meat & Cheese Chalupa,
Salsa, Refried Beans,
Zesty Cucumbers,
Lettuce/Tomato Garnish
Applesauce
Milk

13
Breakfast Pizza,
Pineapple, Milk

Chicken Tenders
Broccoli
Sliced Tomatoes
Mixed Fruit
Crispy Cereal Treat
Milk

14
Sausage, Egg, & Cheese
Sandwich, OR
PBJ, Orange Smiles, Milk

Pizza Choice
Garden Salad
Sliced Carrots
Apple Slices
Milk

15
Biscuit, Gravy,
Scrambled Eggs,
Sliced Grapes, Milk

BBQ on Bun
Cucumber Slices
Savory Green Beans
Orange Smiles, Milk

18
Breakfast Club OR
Cereal Variety & Toast
Pineapple Chunks, Milk

Ham & Cheese Melt
Sliced Seasonal Fruit,
Crunchy Broccoli Salad
Milk

19
Breakfast Combo, Pears,
Milk

Chicken Fajitas
Charro Beans
Salsa
Applesauce
Lettuce/Tomato Garnish
Milk

20
Chicken-N-Waffle,
Banana, Milk

Calzone
Tuscan Vegetables
Garden Salad
Peaches
Cookie
Milk

21
Pancakes, Sausage,
Applesauce, Milk

Grilled Cheese Sandwich
Sliced Fresh Veggies
Snowball Salad
Milk

22
French Toast, Bacon,
Orange Smiles, Milk

Roast Beef Sandwich
Mashed Potatoes
Savory Green Beans
Apple Slices
Milk

25
Early Bird Sandwich OR
Cereal Variety & Toast
Mixed Fruit, Milk

Taquito, Queso,
Charro Beans, Corn,
Sliced Seasonal Fruit,
Milk

26
Chicken-N-Biscuit
Sliced Peaches
Milk

Meatball Sub Sandwich,
Potato Rounds,
Sliced Fresh Veggies
Mixed Fruit
Milk

27
Biscuit, Gravy
Scrambled Eggs, Bacon
Banana, Milk

Chicken Nuggets
Mac & Cheese
Savory Green Beans
Apple Slices
Milk

28
Pancake Wrap
Yogurt, Pears
Milk

Fiesta Bowl
Fruity Gelatin
Milk

29
**Teacher Workday
Student Holiday**
